

# **Clinical trials for treatment of latent TB infection: the current state of affairs**

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# Conflict of interest disclosure

UpToDate: textbook chapters on TB, TB/HIV

## Grant funding

National Institutes of Health

Centers for Disease Control and Prevention

CRDF Global

# Outline

## Latent *M. tuberculosis* Infection

- Epidemiology
- Pathogenesis
  - Transcriptomic signatures
  - Spectrum: latent *M. tuberculosis* infection to TB disease
- Treatment of latent *M. tuberculosis* infection
  - Nitrosamines
  - Pregnancy
  - Regimens
    - Short-course, ultra short-course
  - Strategies
    - HIV-positive
      - Antiretroviral therapy + isoniazid
      - Extended duration / continuous isoniazid
      - Repeated courses of short-course treatment
- Treatment based on transcriptomic signature
  - HIV-negative

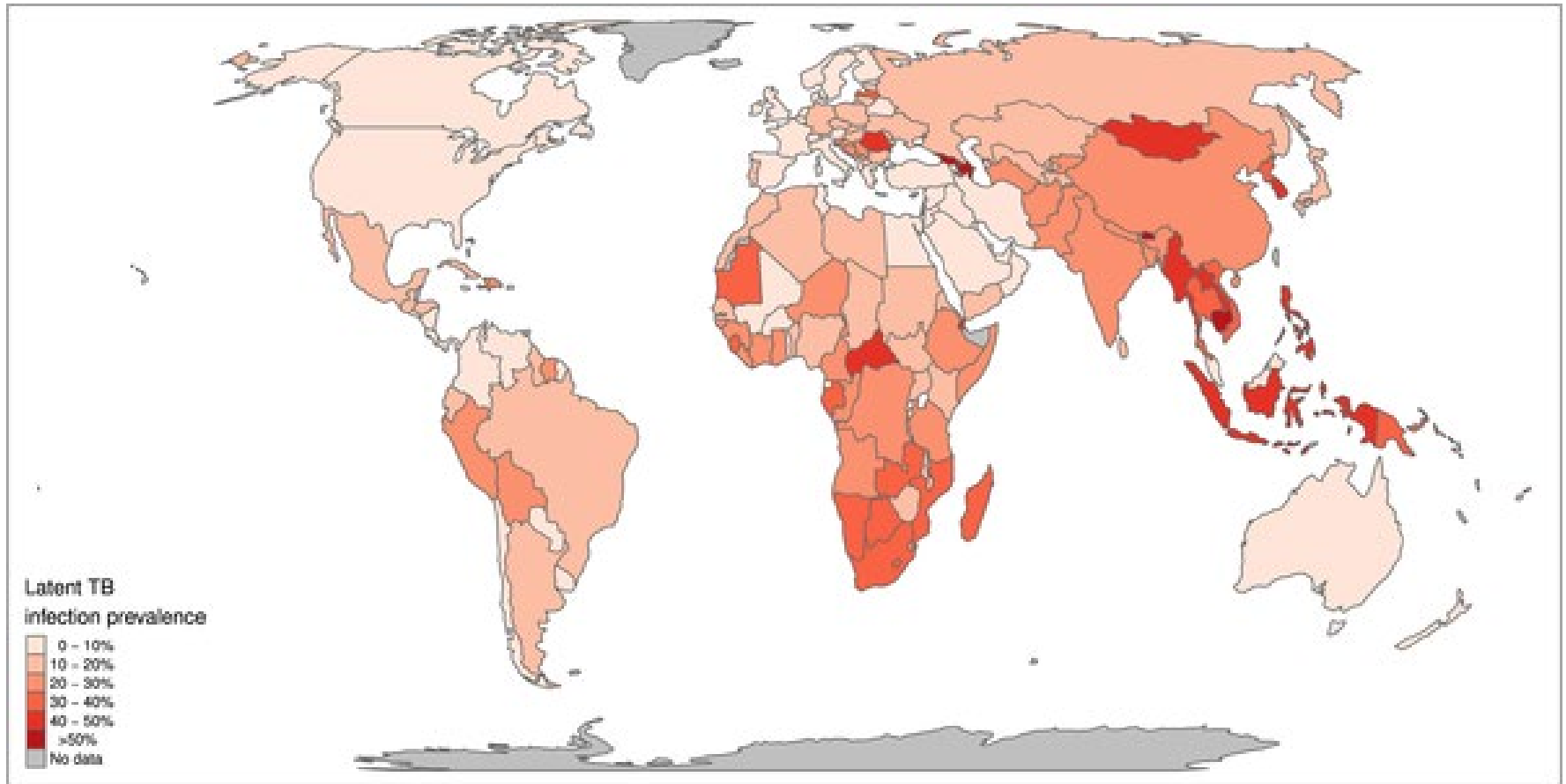
# Prevalence of latent *M. tuberculosis* infection in the world

One-quarter of the global population is infected with *M. tuberculosis*

- Global population February 2021: 7.8 billion
- Approximately 2 billion people infected
  - Raviglione M. JAMA 1995;273:220. Dye C et al. JAMA 1999;282:677. Houben R PLoS Med 2016.
- Prevalence of *M. tuberculosis* infection varies by location
  - High TB incidence setting: (Kampala, Uganda): 49% (95% CI: 44-55)
    - Kizza FN. BMC Infect Dis 2015:165
  - Low TB incidence setting (United States): ~5%
    - Miramontes R. PLoS ONE 2015;10 (11):e0140881
    - Mancuso JD. Am J Respir Crit Care Med 2016 Feb 11.
    - Ghassemieh BJ. Am J Respir Crit Care Med 2016 Feb 18.

# Global map of prevalence of latent TB infection

From this reservoir of ~2 billion infected persons, 100-200 million TB cases could develop

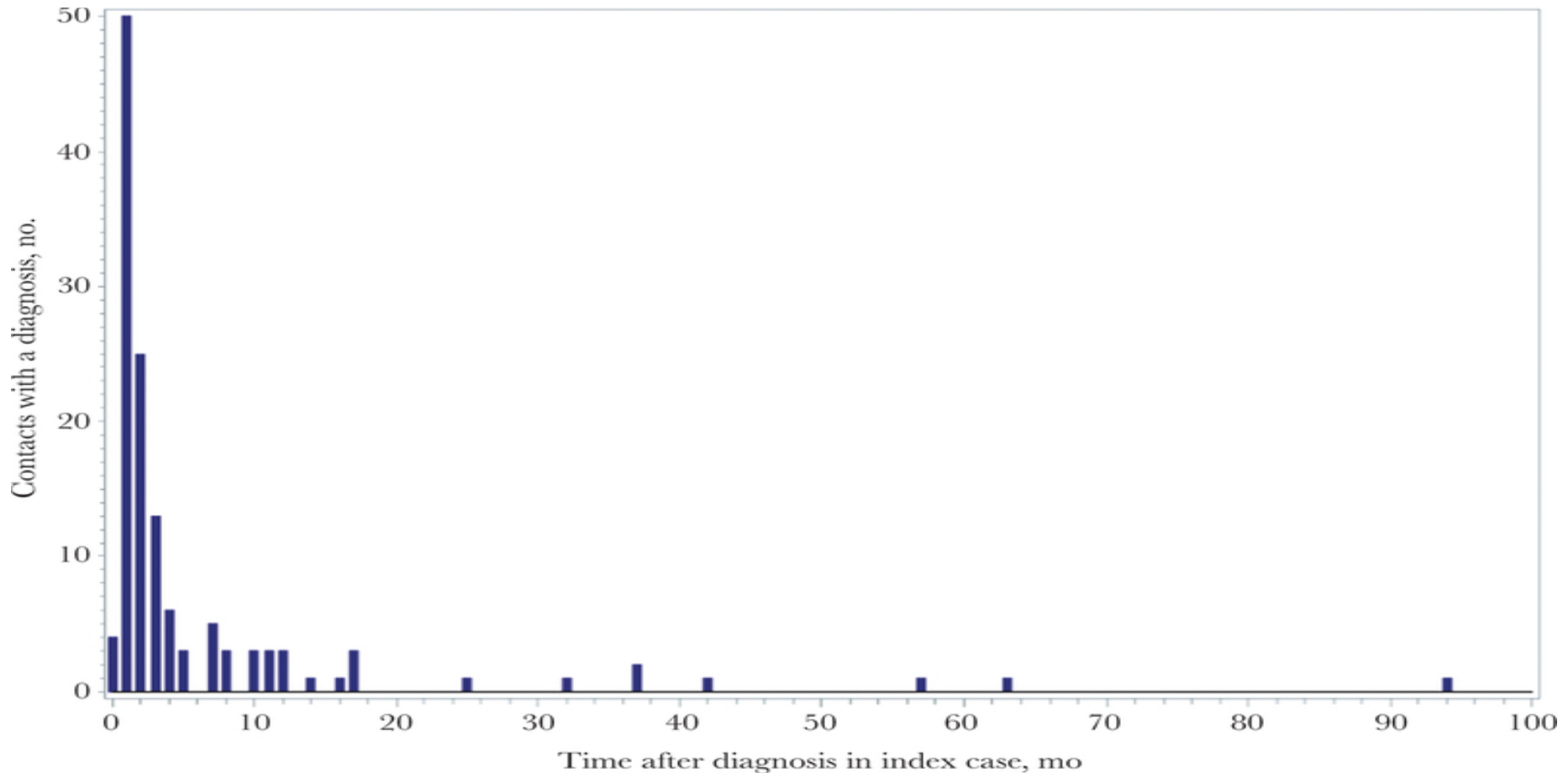


Houben RMGJ, Dodd PJ (2016) The Global Burden of Latent Tuberculosis Infection: A Re-estimation Using Mathematical Modelling. *PLOS Medicine* 13(10): e1002152. <https://doi.org/10.1371/journal.pmed.1002152>  
<https://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.1002152>

# Approximately 5-10% of persons with *M. tuberculosis* infection will develop TB

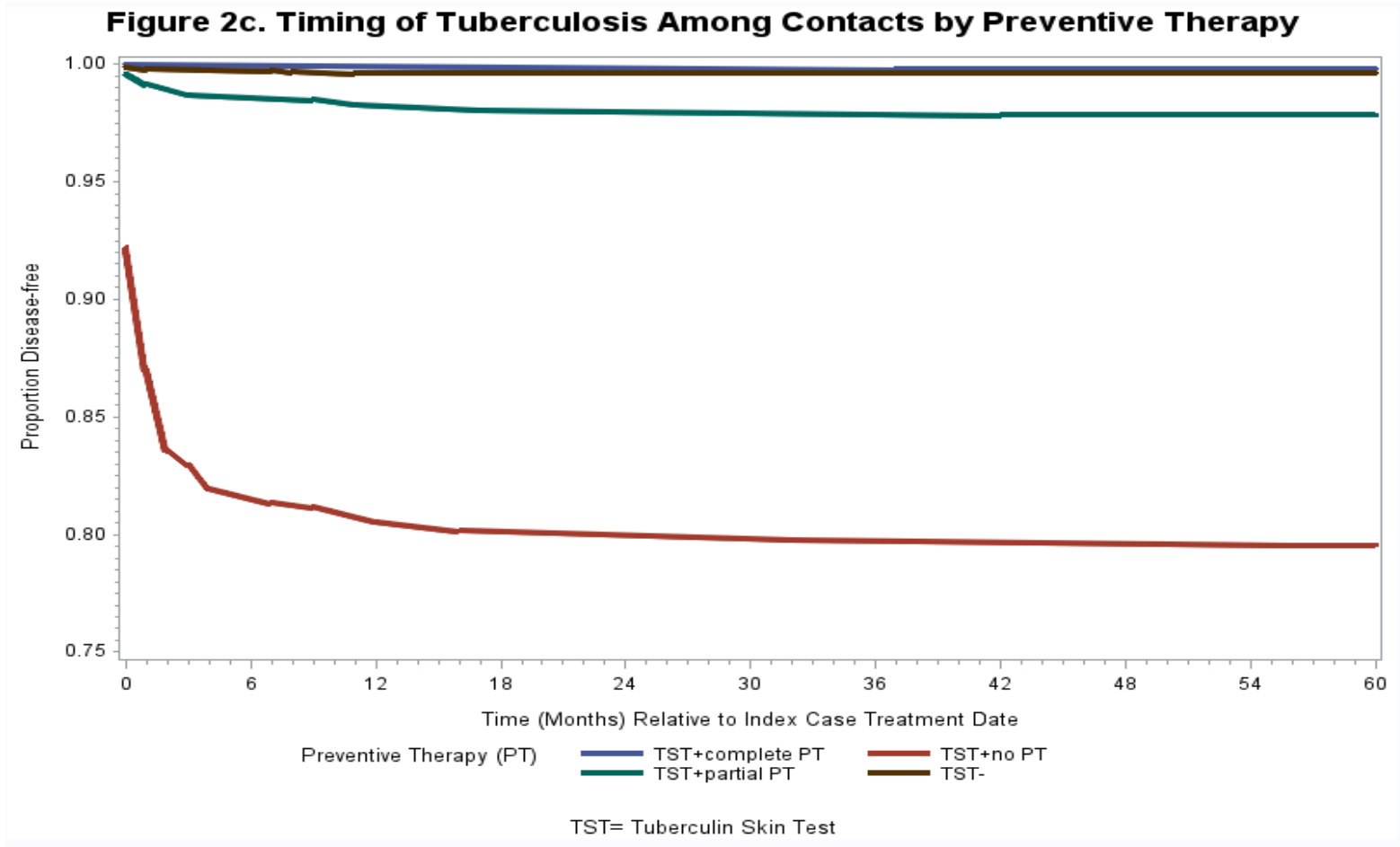
- Europe and Brazil: 1960s – 1990s
  - The TB rate among close contacts and recent converters who did not receive treatment is 5-8% over two years
    - Sutherland I. Adv Tuberc Res 1976;19:1-63.
    - Sutherland I. TSRU Progress Report 1968.
    - Kritski AL. AJRCCM 1996;153:331-5.
- Amsterdam: 2002-2011
  - Among 372 infected contacts who did not receive treatment, 10 developed TB over 5 years (2.4%; 95% CI: 1.2-4.7)
    - Sloot R. AJRCCM 2014;190:1044-52.
- Meta-analysis of 203 studies
  - Prevalence of TB in contacts:
    - Low/middle income: 3.1%
    - High income: 1.4%
    - TB incidence highest in the first year after infection
      - Fox GJ. Eur Respir J 2013;41:140-56.

## Timing of TB among 131 contacts, by interval from index case TB treatment initiation to contact TB treatment initiation



- 9 health departments in U.S. and Canada; TB diagnosed in 158 / 4,490 (4%) contacts
- TB diagnosed in the contact before the index case: 27
- Of TB cases in contacts, 128 (81%) diagnosed by month 6; 145 (92%) by month 12

# TB risk among the 499 contacts with a positive tuberculin skin test



Cumulative TB risk among TST+ contacts who were not treated for latent *M. tuberculosis* infection: 20.4%



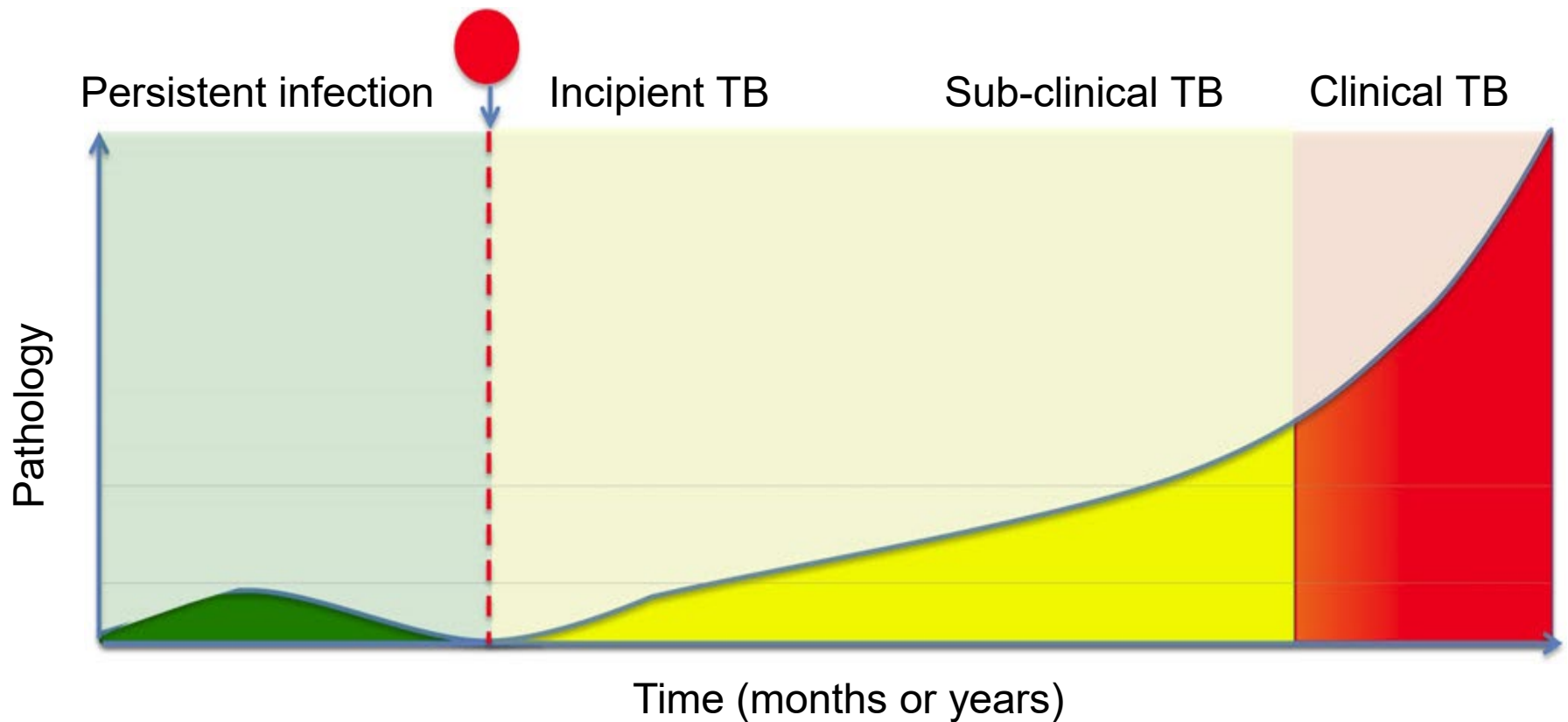
# A prognostic PCR test for incident TB

- South Africans age 12-18 years infected with M. tb. Followed q 6 months for 2 years for development of TB
  - A signature of TB risk was derived from whole blood RNA sequencing
    - TB cases (n=46) vs. those who did not progress (n=107)
    - 16-gene signature (COR: correlate of risk)
    - In the 12 months prior to TB diagnosis:
      - Sensitivity 66%
      - Specificity 81%
  - This signature also predicted TB in other cohorts of South African and Gambian adults
    - In the 12 months prior to TB diagnosis
      - Sensitivity 54%
      - Specificity 83%

# A prognostic PCR test for incident TB

Days prior to TB diagnosis	Sensitivity	95% Confidence Interval
1-180 (< 6 months)	71%	67 - 75
181-360 (6 – 12 months)	63%	59 - 66
361-540 (12 – 18 months)	48%	43 - 53
541-720 (18 – 24 months)	29%	23 – 36
>720 (> 24 months)	5%	2 - 13

# The spectrum of *M. tuberculosis* infection and TB disease



# Additional RNA signatures of TB disease diagnosis and progression

- **RISK11:** a sub-set of the 16-gene COR signature: equivalent prognostic, diagnostic performance
  - Darboe F. Tuberculosis 2018;108:124-6.
- **RISK6:** developed as prognostic signature, but with excellent diagnostic and treatment response performance in South African and Gambian patients.
  - Penn-Nicholson A et al. Sci Rep 2020 May 25;10(1):8629.
- **RESPONSE\_5:** this a 5-gene signature was designed for monitoring TB treatment response, including rapid resolution after treatment initiation as an early indicator for successful treatment.
  - Thompson EG. Tuberculosis 2017;197:48-58.
- **DIAG4 TB:** this 4-gene signature was developed as a diagnostic test for TB from Indian participants, and validated on Ugandan and Gambian cohorts.
  - Maertzdorf J. EMBO Mol Med 2016;8:86-95.
- **RISK\_4 GC6:** this 4-gene signature was developed as a “pan-African” prognostic test in a household contact study performed in South Africa, The Gambia and Ethiopia.
  - Suliman et al., AJRCCM 2018 April 6.
- **DIAG3 TB:** this 3-gene signature was developed as a diagnostic test on previously published data from a 3 cohorts from South Africa, Malawi, UK, USA and France, and validated on 7 cohorts from around the globe.
  - Sweeney TE. Lancet Respir Med 2016;4:e29.
- **2\_Bacterial vs Viral** is a 2-gene signature designed to discriminate between febrile children with bacterial or viral infection. Since many TB biomarkers measure a type I interferon response, which is typically an anti-viral response, this distinction may be important to reduce false positives caused by acute viral infection.
  - Herberg JA. JAMA 2016;316:835-45.

# Performance of transcriptomic signatures

## Systematic review and meta-analysis

- **HIV-negative adults and adolescents**
- **Studies with independent validation cohort**
- **Meta-analysis performed for signatures validated in  $\geq 3$  comparable cohorts**
- **TB diagnosis: 18 studies of 24 signatures**
  - **3 signatures were validated in clinically relevant cohorts, and differentiated TB from other diseases**
    - **Berry393 (2010), Kaforou27 (2013), Zak16 (2016)**
      - Pooled sensitivity: 84%, 87%, 90%
      - Pooled specificity: 79%, 88%, 74%
- **TB progression: 4 studies of 5 signatures**
  - **1 signature (within 6 months of TB diagnosis) met minimal target product profile: PPV > 5.8%, 75% sens, 75% spec**
    - **Sweeny3 (2016)**

# Treatment of *M. tuberculosis* infection is highly efficacious in preventing TB

But:

- Most persons who start isoniazid for treatment of *M. tuberculosis* infection do not complete it
- The longer the treatment duration, the lower the completion rate
  - Horsburgh CR. Chest 2010.
  - Stuurman AL. BMC Infect Dis 2016.

# Treatment of *M. tuberculosis* Infection

## Current Regimens—United States

Regimen	Efficacy	Effectiveness	Comments
3 months INH + rifapentine once-weekly	90% (estimated)	90% (estimated)	≥82% completion Lower rates when self-administered than DOT
4 months rifampin daily	---	50-90% (estimated)	Limited data in HIV+ persons
3 months INH + rifampin daily	---	41-59%	Concern re: hepatotoxicity
6-9 months INH daily	90%	25-88% (median:60%)	6 and 12 months well-studied; 30-60% completion

# Treatment of *M. tuberculosis* infection

- CDC/National TB Controllers Association
  - 3-4 month rifamycin-based regimens are preferred over 6-9 months of INH (alternative)
    - Given similar efficacy yet better safety and higher treatment completion rates with shorter regimens, the 3-4 month regimens could have higher effectiveness than 6-9INH
- World Health Organization
  - Regardless of HIV status or local TB burden
    - Recommended: 6-9INH, 3HP, 3HR
    - Alternatives: 4R, 1HP
  - If HIV+ in settings of high M.tb transmission, 36 months of INH regardless of LTBI status, antiretroviral therapy, CD4 count
    - Sterling TR et al. CDC and NTCA Guidelines. MMWR Recomm Rep 2020; 69:1-11.
    - WHO consolidated guidelines on tuberculosis: tuberculosis preventive treatment. Geneva: World Health Organization; 2020.

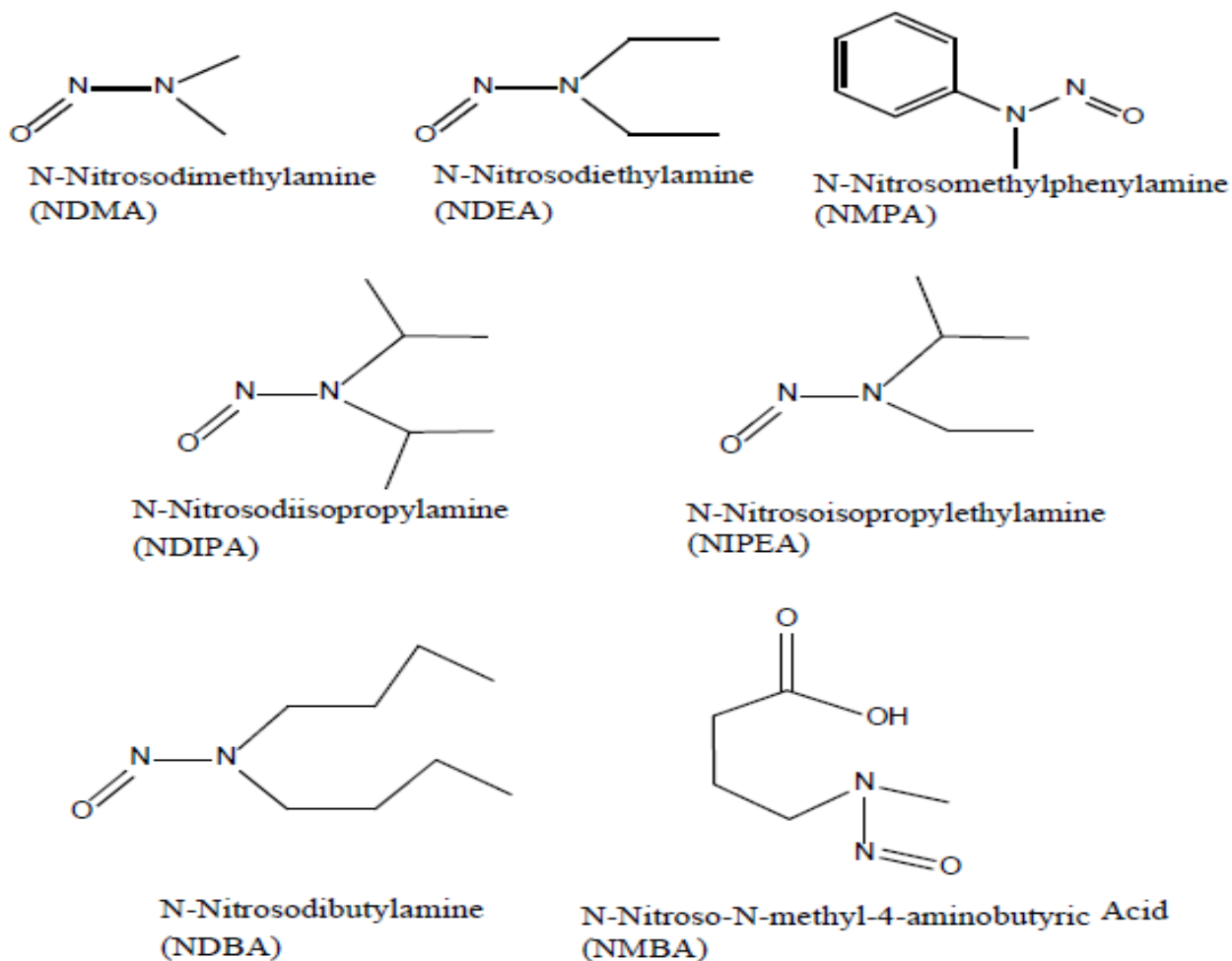


# Nitrosamines

- August 2020: FDA became aware of nitrosamine impurities in some samples of rifampin and rifapentine
  - Rifampin: 1-methyl-4-nitrosopiperazine (MNP)
    - Acceptable limit: 0.16 parts per million (ppm)
      - Temporary limit: 5 ppm
  - Rifapentine: 1-cyclopentyl-4-nitrosopiperazine (CPNP)
    - Acceptable limit: 0.1 ppm
      - Temporary limit: 14 ppm
- October 2020:
  - FDA revised the temporary limit of CPNP to 20 ppm
- January 2021
  - FDA confirmed the above guidance, and provided levels in currently available formulations

Control of nitrosamine impurities in human drugs. Guidance for industry.  
U.S. Food and Drug Administration. September 2020.

**Figure 2. Chemical Structures of Seven Potential Nitrosamine Impurities in APIs and Drug Products**



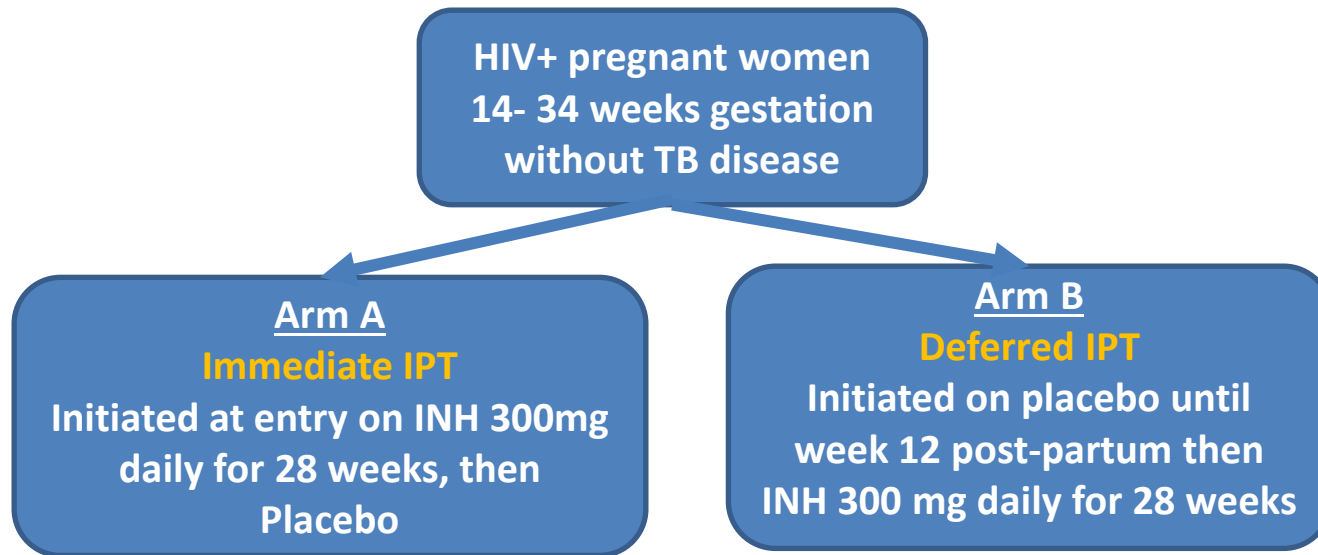
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# Nitrosamines

- Nitrosamines are present in water, meat, dairy, fruits, vegetables
  - Also in angiotensin II receptor blockers, ranitidine, nizatidine, and metformin
- Some nitrosamines have been classified as possible human carcinogens, based on rodent carcinogenicity studies
  - FDA: possible increased cancer risk (> 1:100,000) after 70 years of exposure
- MNP and CPNP are nitrosamines, but there are no data evaluating their carcinogenic potential
- FDA (August 2020): TB is a deadly disease; the risk of not taking rifampin or rifapentine outweighs any potential risk from MNP or CPNP
- CDC (September 2020): continue rifampin and rifapentine for TB treatment and prevention, per existing guidelines

# TB APPRISE: TB Ante vs. Postpartum Prevention with INH in HIV Seropositive Mothers and their Exposed Infants

- **Study Design:** Phase IV multicenter, randomized, double-blind, placebo-controlled, non-inferiority trial
- **Population:** HIV-positive pregnant women  $\geq 14$  -  $\leq 34$  weeks gestation who live in a high TB burden area, defined as TB prevalence  $\geq 60/100,000$  population



Study drugs (INH vs. placebo), open label pyridoxine (vitamin B<sub>6</sub>) and open label prenatal multivitamin terminated at 40 weeks post-partum

End of follow-up: 48 weeks post-partum

# Primary Endpoint Analysis

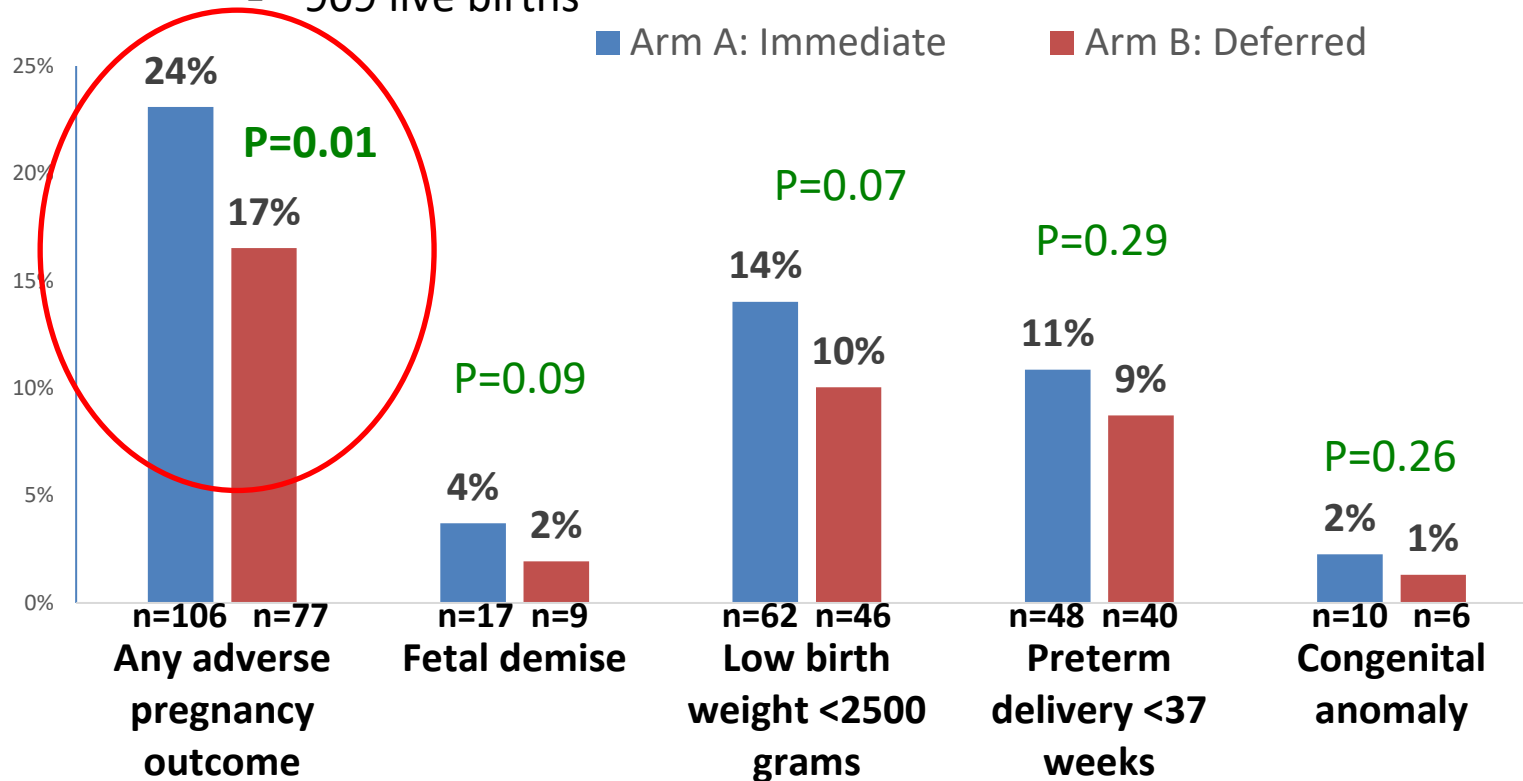
Primary endpoint = First maternal treatment-related Grade  $\geq 3$  adverse event or permanent drug discontinuation due to toxicity

Outcomes	Arm A Immediate	Arm B Deferred	IR/100 PY	IRD (upper limit of 95% CI)
Primary endpoint: Intent-to-treat	72/477 (15%)	73/479 (15%)	15.0 vs 14.9	0.1 (4.98)
Primary endpoint: Per protocol	64/376 (17%)	69/388 (18%)	16.0 vs 16.7	-0.7 (4.9)

Non-inferiority margin for the primary endpoint: **5/100 PY**

# Secondary Outcomes: Adverse Pregnancy Outcomes

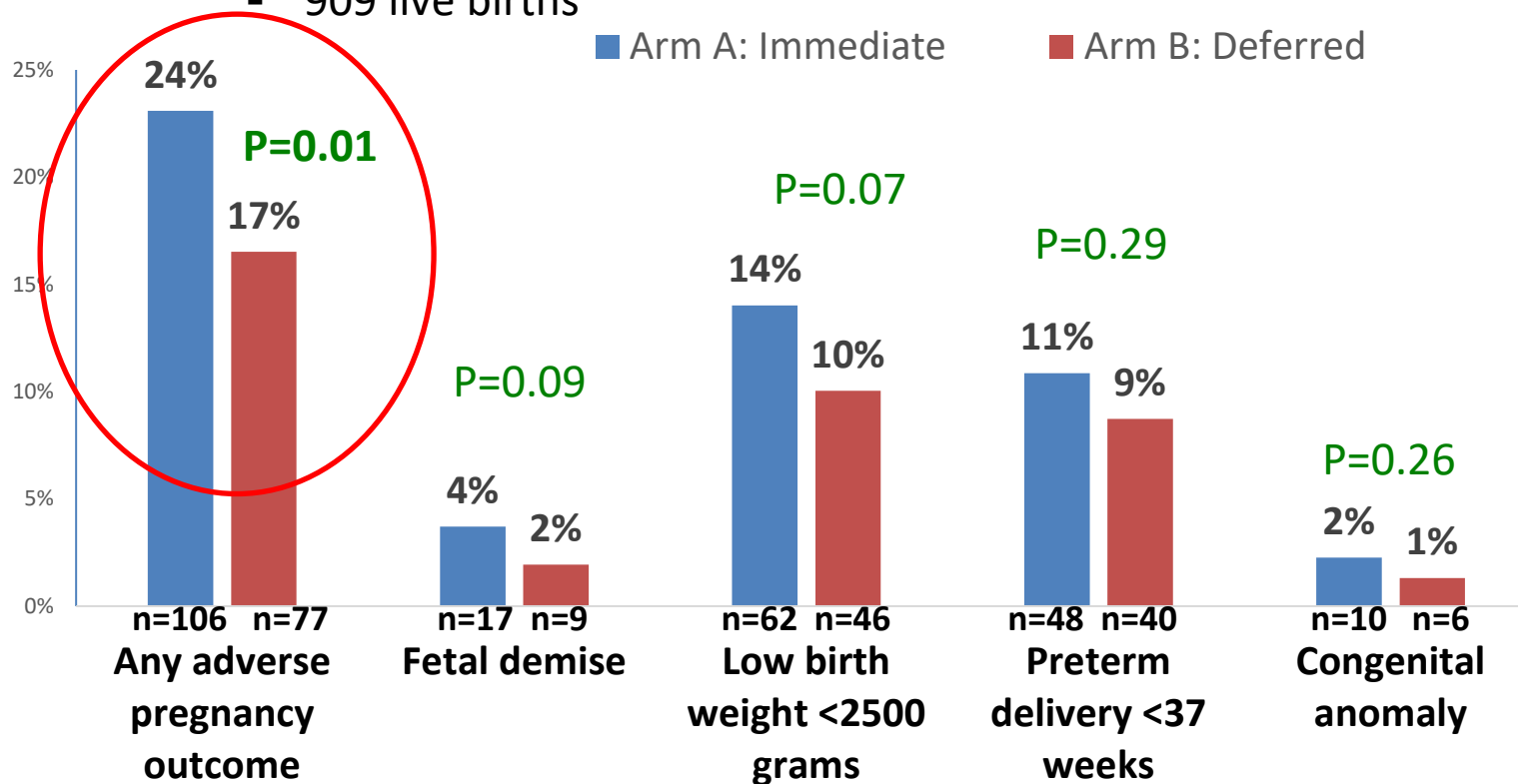
- 926 deliveries (460 in immediate arm vs 466 in deferred arm)
  - 915 singletons, 11 twins for total of 937 fetuses/infants
  - 26 stillbirths (fetal demise)
  - 2 abortions (1 spontaneous, 1 induced)
  - 909 live births



Gupta A et al. N Engl J Med 2019 Oct 3;381(14):1333-1346

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Gupta A et al. N Engl J Med 2019 Oct 3;381(14):1333-1346

**Secondary analysis** 925 mother-infant pairs: **adjusted odds of adverse pregnancy outcome--immediate INH: 1.63 (95% CI: 1.15, 2.31).** Theron G. CID 2020.

# Safety of INH in HIV+ pregnant women

## Observational studies

- Soweto, South Africa; 2011-2014. Tshepiso study
  - Adverse pregnancy outcome:
    - fetal demise, prematurity, low birth weight, congenital anomaly
  - 151 women with known pregnancy outcomes
    - 69 (46%) reported initiation of INH during pregnancy
      - 11 (16%) had an adverse pregnancy outcome
    - 82 (54%) did not initiate INH during pregnancy
      - 23 (28%) had an adverse pregnancy outcome
  - Adjusted odds of an adverse pregnancy outcome:
    - 2.5 (95% CI 1.0, 6.5; P = 0.48) in INH unexposed women
    - Controlling for maternal age, CD4, viral load, ART regimen, BMI, anemia
      - Salazar-Austin N. Clin Infect Dis 2020;71(6):1419-26.
- Western Cape, South Africa. Public sector electronic health data
  - 43,917 pregnant women; 17% received INH
  - Poor pregnancy outcome: miscarriage, stillbirth, low birth weight, neonatal death
  - Adjusted odds ratio of poor pregnancy outcome if received INH: 0.83 (95%CI: 0.78, 0.87)
    - Kalk E. Clin Infect Dis 2020;71(8):e351-8.



# 3 months of weekly INH + rifapentine

## Recent Updates

- The regimen is rolling out in high TB burden settings
  - IMPAACT4TB (UNITAID): in persons with HIV and children < 5 years old
  - Project countries: Brazil, Cambodia, Ethiopia, Ghana, India, Indonesia, Kenya, Malawi, Mozambique, South Africa, Tanzania and Zimbabwe
    - G Churchyard, R Chaisson
- Pregnancy did not ↑ RPT clearance, but HIV did; appears safe (n=50)
  - Mathad JS. CROI March 11, 2020; 144LB. Union October 2020; Hibma JE AJRCCM 2020 Sep
- Can be given with dolutegravir without dose adjustments
  - Dooley KE et al. DOLPHIN Study. Lancet HIV 2020 Jun 7 (6):e401-9. DOLPHIN TOO to start soon.
- Possible flu syndrome
  - Risk 4-19%. Risk factors: race (white; Asian), female sex, ↑ age, ↓ BMI, NAT2 genotype
    - Sterling TR. CID 2015; Jo KW. Respir Med 2019; Huang HL. CID 2020 Nov; Ruan QL. Clin Microbiol Infect 2020; Feng JY. IJID 2020; Lee MR. J Clin Med 2019
- Lower hepatotoxicity risk than with 9INH
  - Bliven-Sizemore E. IJTLD 2015; Sun Tuberculosis 2018.
- Completion rate lower when self-administered vs. directly-observed
  - 74-76% vs. 87%
    - Belknap B. Ann Intern Med 2017
- Safe and effective in several patient populations
  - Health departments, clinics, high school contacts, jails, homeless, renal transplant candidates. Higher completion rates than in trials.
    - Bargman MMWR 2014, Stennis CID 2016, Juarez-Reyes OFID 2016, Yamin OFID 2016, Lines G JHCPU. Simkins J Transpl 2016. Sandul CID 2017. Moro Ann Am Thorac Soc 2018. Schmit CID 2020

# 4 weeks of daily INH + rifapentine

Brief Rifapentine-INH Efficacy for TB Prevention (BRIEF-TB)

AIDS Clinical Trials Group 5279

- Population: HIV-positive persons  $\geq 13$  years old in high TB incidence settings
  - $\geq 60 / 100,000$  population
- Intervention: daily INH + rifapentine for 1 month
- Comparator arm: daily INH for 9 months
- Antiretroviral therapy: efavirenz or nevirapine-based
- Follow-up: 3 years after last participant enrolled
- Primary endpoint: TB (confirmed or probable), TB death, death due to unknown cause
- Non-inferiority design:
  - Expected TB rate in 9H arm: 2.0 per 100 person-years
  - Non-inferiority margin: 1.25 per 100 person-years

# 4 weeks of daily INH + rifapentine

Brief Rifapentine-INH Efficacy for TB Prevention (BRIEF-TB)

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Characteristic	9H N=1504	1HP N=1496
Median age (years)	35	35
Male sex	692 (46%)	694 (46%)
Median BMI	23.5	23.6
Median CD4	469	473
ART at entry	749 (50%)	747 (49%)
TST-positive	21%	21%

# 4 weeks of daily INH + rifapentine

Brief Rifapentine-INH Efficacy for TB Prevention (BRIEF-TB)

AIDS Clinical Trials Group 5279

Endpoint	9H N=1504	1HP N=1496	IRR (95% CI)
Primary endpoint All-comers	33/4896 p-y 0.67 / 100 p-y	32/4926 p-y 0.65 / 100 p-y	0.023 (-0.30, 0.35)
Primary endpoint CD4 $\leq$ 250	1.275 / 100 p-y	1.931 / 100 p-y	-0.656 (-2.06, 0.75)
Active TB, confirmed	14	18	
Active TB, probable	10	11	
Death due to TB	2	0	
Death-unknown cause	7	3	

# 4 weeks of daily INH + rifapentine

Brief Rifapentine-INH Efficacy for TB Prevention (BRIEF-TB)

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Endpoint	9H N=1498	1HP N=1488
Grade $\geq$ 3 adverse event	274 (18%)	250 (17%)
Treatment completion (self-report)	90%	97%
Premature drug discontinuation	2%	1%

# Additional study of 1HP

- Ultra Curto
  - 1HP vs. 3HP in HIV-negative adults in Brazil
    - TST- or IGRA-positive close contacts or convertors
  - Sample size: 250 per arm
  - Primary outcomes:
    - Treatment completion, safety, cost-effectiveness
  - Status: funded. Awaiting rifapentine

# **ASTERoID**

**Assessment of the Safety, Tolerability and Effectiveness  
of Rifapentine given Daily for LTBI**

**Six weeks of daily rifapentine vs. a comparator arm of 12-16  
week rifamycin-based treatment of latent *M. tuberculosis*  
infection: assessment of safety, tolerability and effectiveness**

TB Trials Consortium: Study 37  
Sterling TR, Belknap R, Robinson A, Boyd R

**Enrollment started August 2019; on hold since March 2020  
Enrolled to date: 92 participants  
Target: 1,120 for safety; 3,400 for effectiveness**

# 2R2

## Higher dose rifampin for 2 months

- Rifampin 10 mg/kg daily for 4 months
- Rifampin 20 mg/kg daily for 2 months
- Rifampin 30 mg/kg daily for 2 months
  
- Phase 2b; Canada, Vietnam, Indonesia
- $\geq$  10 years old with latent TB infection
  
- Randomized 1:1:1
- Target enrollment: 1,359 (453 per arm)
- Enrollment to date slow due to COVID-19
- Current enrollment: 178
- 1<sup>st</sup> interim safety analysis: when 150 participants have completed 4 months of follow-up



# Strategies to optimize TB prevention

- INH plus antiretroviral therapy in HIV+ persons
- Prolonged INH in HIV+ persons in high TB burden settings
- Periodic preventive therapy in HIV+ persons living in high TB burden settings
- Preventive therapy among persons with the Correlate of Risk (COR) transcriptomic signature

# INH + ART to prevent TB in HIV+

Randomized, double-blind placebo-controlled trial

- Khayelitsha, South Africa
- Randomly assigned 12 months of INH (n=662) vs. placebo (n=667) to persons on ART
- Primary endpoint: time to incident TB

	<u>INH</u>	<u>Placebo</u>	<u>HR</u>	<u>95% CI</u>
• TB per 100 p-y	2.3	3.6	0.63	0.41,0.94

- The beneficial effect of INH was not limited to those who were TST+ or IGRAs+
- Without a more predictive test, authors suggest that INH should be recommended to all patients receiving ART in moderate or high TB incidence areas, regardless of TST or IGRAs status.

# Empiric TB therapy vs. isoniazid in HIV+ adults starting ART

## REMEMBER study

- **CD4 < 50**
- **Malawi, South Africa, Haiti, Kenya, Zambia, India, Brazil, Zimbabwe, Peru, Uganda**
- **Persons with confirmed or suspected TB excluded**
- **Primary endpoint: survival (death or unknown status) at 24 weeks**

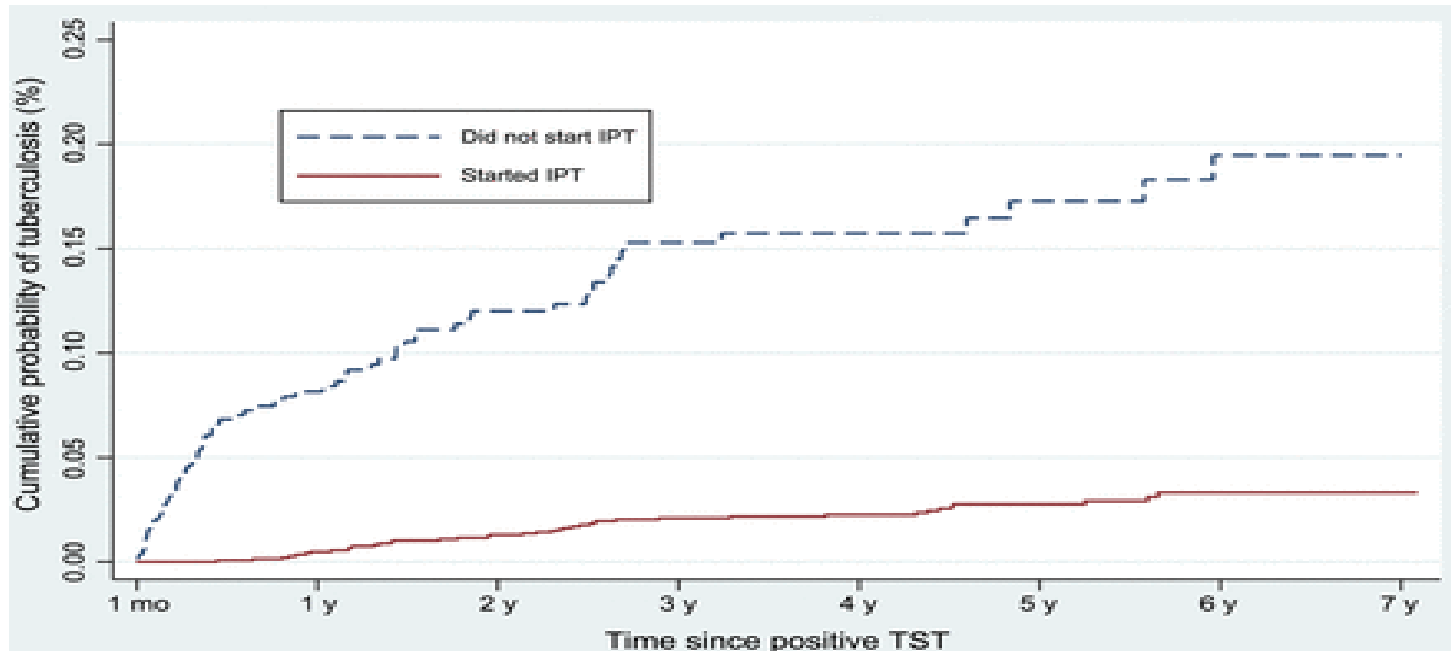
– ART + anti-TB therapy	(n = 424)	5% (3.5, 7.8)
– ART + INH	(n = 426)	5% (3.4, 7.8)
- **Grade 3-4 lab abnormalities**

– ART + anti-TB therapy:	23%
– ART + INH	23%

# Protective effect of INH through 7 years

## Rio de Janeiro, Brazil

- **1,954 TST+/HIV+ persons**
  - **1,601 (82%) initiated INH**
    - **1,330 (83%) completed 6 months of INH**



# INH for 6 months vs. 36 months in HIV+ persons

- Botswana
- Randomized double-blind placebo-controlled trial
- Tuberculin skin test-positive or -negative
- All patients received 6 months INH
  - INH vs. placebo for next 30 months
- Antiretroviral therapy provided if CD4 < 200
- INH dose: 300 mg + 25 mg B6

# INH for 6 months vs. 36 months

	6H	36H	Hazard ratio	P-value
TB per 100 p-y ( <b>All</b> )				
<b>ITT (n=989 / 1,006)</b>	<b>1.26</b>	<b>0.72</b>	<b>0.57</b>	<b>0.047</b>
PP (n=665 / 653)	1.18	0.51	0.43	0.045
TB per 100 p-y ( <b>TST+</b> )				
ITT	2.22	0.57	0.26	0.019
PP	1.81	0.00	0.00	0.007

**ITT: intention to treat**

**PP: per protocol**

Samandari T. Lancet 2011;377:1588-98.

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**TST-negative: HR = 0.75**

**P = 0.40**

**ITT: intention to treat**

**PP: per protocol**

Samandari T. Lancet 2011;377:1588-98.



# TB Incidence after 36 months of INH

## Botswana

- Post-trial observational analysis for durability of protection
  - 36 months vs. 6 months of INH

	Trial period	95% CI	Post-trial	95% CI
All participants	0.57	0.33, 0.99	0.82	0.46, 1.49
TST + participants	0.26	0.08, 0.80	0.40	0.15, 1.08

- In multivariable analysis, ART ↓ risk of death but not TB in post-trial period

# WHIP3TB

3HP vs. Periodic 3HP vs. 6H in HIV-positive individuals

- **High TB burden settings; 38% IGRA-positive**
  - Study sites: South Africa, Ethiopia, Mozambique
- **3HP: mostly self-administered**
- **Part A: single round of 3HP vs. 6 months INH:**
  - Primary endpoint: self-reported treatment completion
- **Part B: 3HP given once per year x 2 years vs. 3HP given only once**
  - Primary endpoint: confirmed TB (culture, Xpert, smear) or clinical TB

# WHIP3TB

3HP vs. Periodic 3HP vs. 6H in HIV-positive individuals

## Part A

### Treatment completion:

3HP (n = 3,610): 90%  
6H (n = 404): 51%

Outcome	Time period (months)	3HP Events/p-y Rate/100 p-y	6H Events/p-y Rate/100 p-y	HR (3HP vs. 6H) 95% CI	P-value
TB incidence	0-12	55/3808 1.44	4/372 1.07	1.06 (0.38 – 2.95)	0.91
Mortality incidence	0-12	16/3838 0.42	1/430 0.23	1.79 (0.24 – 13.5)	0.57

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3HP (n = 3,610): 90%

6H (n = 404): 51%

Outcome	Time period (months)	3HP Events/p-y Rate/100 p-y	6H Events/p-y Rate/100 p-y	HR (3HP vs. 6H) 95% CI	P-value
TB incidence	0-12	55/3808 1.44	4/372 1.07	1.06 (0.38 – 2.95)	0.91
Mortality incidence	0-12	16/3838 0.42	1/430 0.23	1.79 (0.24 – 13.5)	0.57

# WHIP3TB

3HP vs. Periodic 3HP vs. 6H in HIV-positive individuals

## Part B

Outcome	Time period (mos)	p3HP Events/p-y Rate/100 p-y	3HP Events/p-y Rate/100 p-y	HR p3HP vs. 3HP (95% CI)	P-value
TB incidence	0-24	37/3141 1.18	39/3149 1.24	0.95 (0.61-1.49)	0.83
TB incidence	12-24	14/1463 0.96	14/1471 0.95	1.01 (0.48-2.12)	0.98
TB incidence, IGRA+	0-24	19/1142 1.66	18/1113 1.62	0.99 (0.52-1.89)	0.98
RIF-resistant TB incidence	0-24	4/3141 0.13	4/3149 0.13	1.00 (0.25-4.01)	>0.99
Mortality incidence	0-24	29/3238 0.90	19/3239 0.59	1.55 (0.87-2.76)	0.14

# WHIP3TB

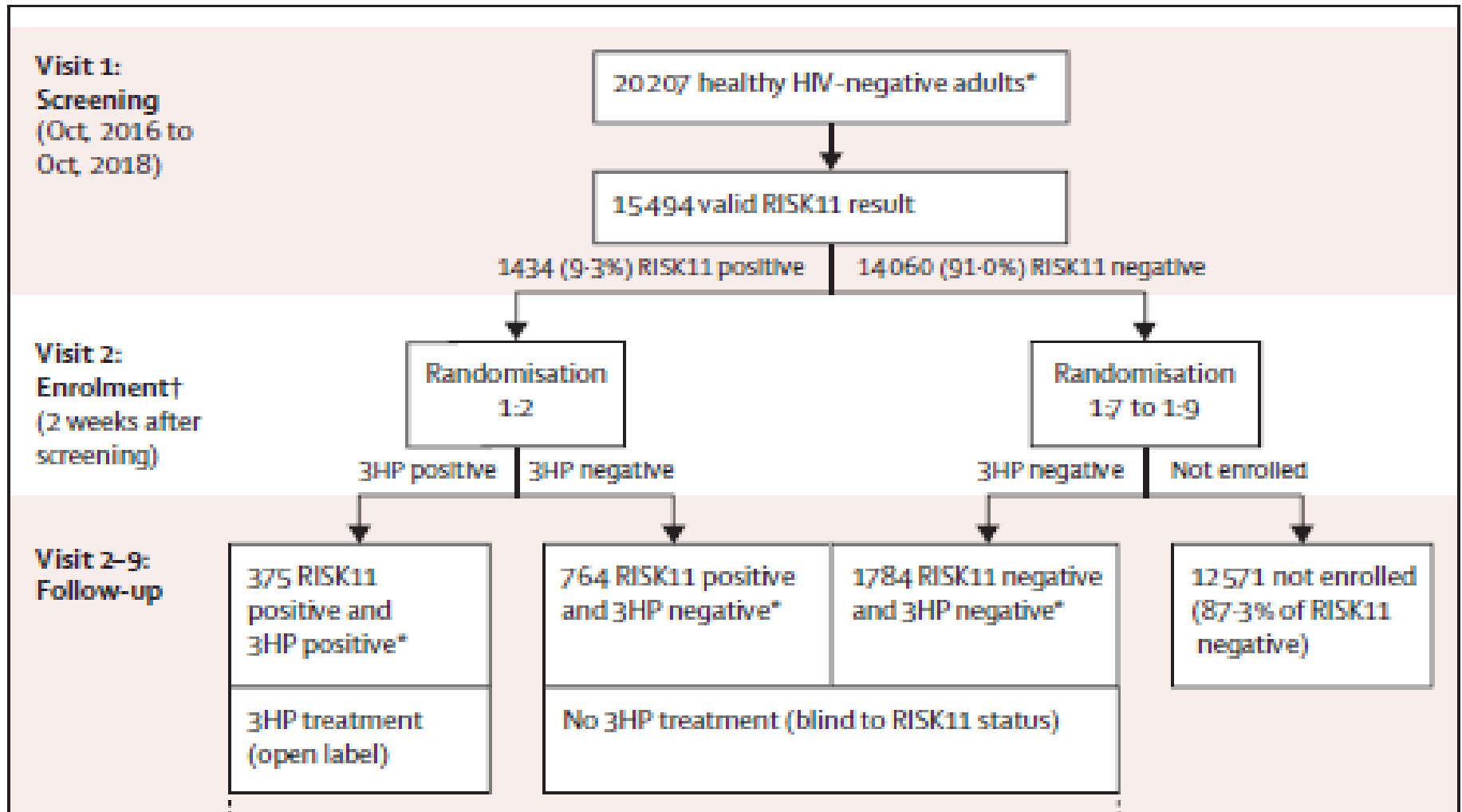
3HP vs. Periodic 3HP vs. 6H in HIV-positive individuals

## Part B

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# Correlate of Risk Targeted Intervention Study (CORTIS)

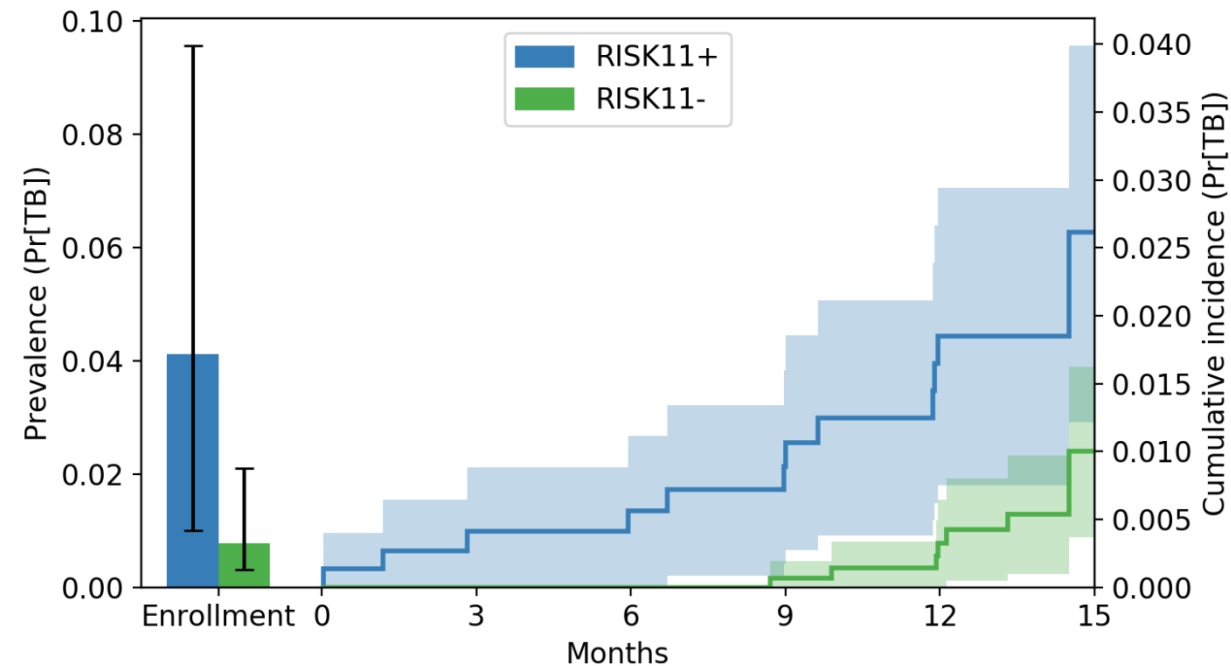
A Randomized, Partially-blinded, Clinical Trial of Isoniazid and Rifapentine (3HP) Therapy to Prevent Pulmonary Tuberculosis in High-risk Individuals Identified by a Transcriptomic Correlate of Risk (COR)





# RISK11 Status: Prevalent and Incident TB Cases

Among persons who did not receive 3HP



## TB Prevalence

**61 cases**

RISK11+ (47/1,139) 4.1%

RISK11- (14/1,784) 0.8%

## TB incidence

**24 cases**

RISK11+ (14/737) 2.6/100 py

RISK11- (10/1,763) 1.0/100 py

No. at risk

RISK11+	1139	737	685	659	562	440	0
RISK11-	1784	1763	1674	1637	1368	997	0

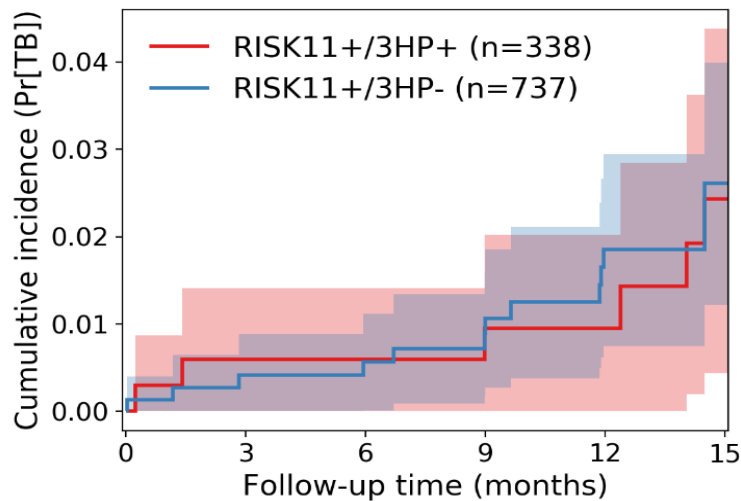
**No incident TB cases in RISK11- participants until 9 months**

# Effectiveness and Efficacy of 3HP in RISK11+ persons

## Cumulative incidence (RISK11+)

Cohort	3HP+	3HP-	TE (%)	95% CI*	P-value
MITT	0.024 (6/338)	0.026 (14/737)	7.0	-14.5 – 64.7	0.88

## Effectiveness of 3HP (MITT; 15 months)

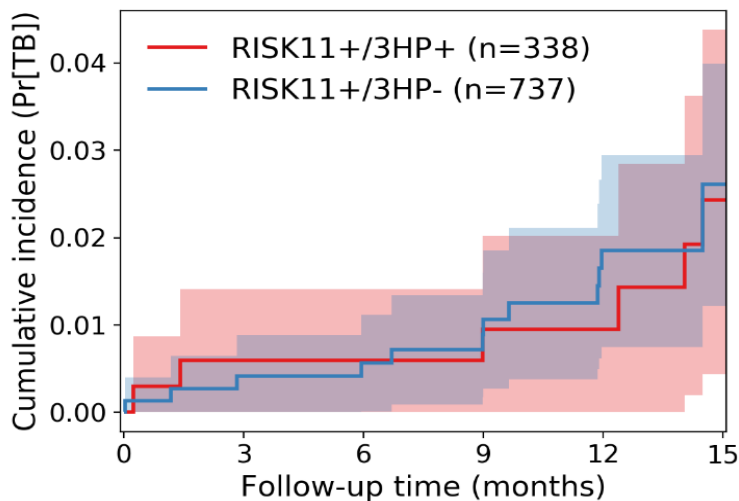


# Effectiveness and Efficacy of 3HP in RISK11+ persons

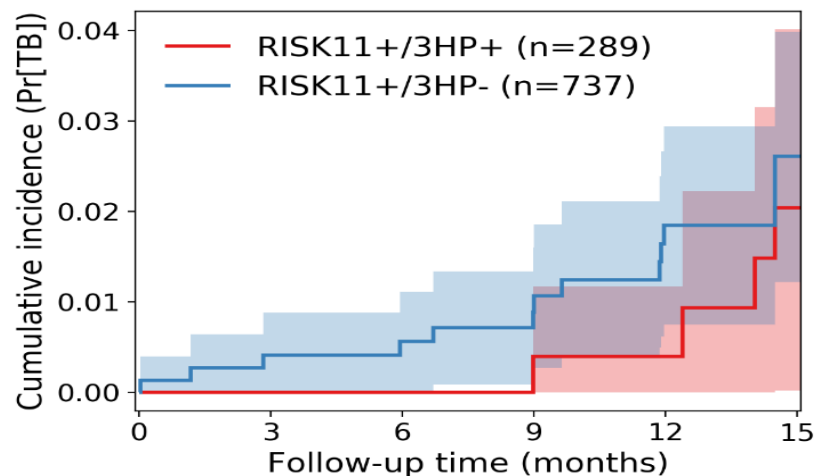
Cumulative incidence (RISK11+)					
Cohort	3HP+	3HP-	TE (%)	95% CI*	P-value
MITT	0.024 (6/338)	0.026 (14/737)	7.0	-145 – 64.7	0.88

Cumulative incidence (RISK11+)					
Cohort	3HP+	3HP-	TE (%)	95% CI	P-value
MITT per protocol	0.020 (4/289)	0.026 (14/737)	22.0	-137 – 74.4	0.66

**Effectiveness of 3HP (MITT; 15 months)**



**Efficacy of 3HP (per protocol; 15 months)**



**No incident TB cases in participants fully adherent to 3HP until 9 months**

# CORTIS

## Impressions

- RISK11 identified HIV-negative adults in TB-endemic communities (but no other TB risk factors) in South Africa at increased risk of:
  - Prevalent TB
  - Incident TB
- The positive predictive value was relatively low (~5%; ~95% of RISK11+ persons did not have prevalent or incident TB)
- 3HP did not decrease the incidence of TB in RISK11+ persons
  - Related to the low positive predictive value of the test?
    - The positive predictive value of TST or IGRA for TB is also low, but it identifies persons in whom treatment of latent TB infection decreases TB incidence
  - Due to incipient TB? Because of Mtb reinfection?
    - 3HP was effective among HIV+/TST+ persons in Soweto, South Africa
      - Martinson N. N Engl J Med 2011

# Conclusions

- Our understanding of “latency” is evolving, including appreciation of “incipient” TB
  - The treatment of latent TB infection may be different from treatment of persons with a positive transcriptomic signature score
    - Need greater detail re: transcriptomic signatures
- Clinical trial and operational data support use of 3-4 month rifamycin-based treatment of latent *M. tuberculosis* infection
  - Higher treatment completion rates and better tolerability compared to 6-9 months of isoniazid
- Ultra-short course regimens hold great promise

# Conclusions

- Need to follow emerging data on the safety of treatment of latent TB infection in pregnancy
- Antiretroviral therapy and treatment of latent *M. tuberculosis* infection independently decrease TB risk in HIV-positive persons
- The optimal approach to confer long-term protection against developing TB among HIV+ persons in high TB incidence settings is unclear

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