

SUMMER 2026

Breathing Space

Momentum is building as we strengthen lung health support in communities across the province and empower people of all ages to breathe easier and live healthier lives. Your support helps us to develop innovative programs like our Better Breathers' Pickleball league, collaborate on educational tools like the 'Burning Questions' platform, and engage a new generation in the importance of living smoke-free. With your generosity, we continue to provide valuable tools, resources, and information to support the 1 in 5 people living with lung disease.



-Christopher Lam
President & CEO
BC Lung Foundation

Christopher installing an outdoor air quality monitor for Carter's Project

BC Lung's 2025 Impact Report is now available for download! Learn more about our programs, initiatives, and research. Check out bclung.ca/about



asthma education CAMP



BC Lung's Asthma Education Camps are back! These free, four-day camps for children ages 8-10 with physician-diagnosed asthma offer a unique learning opportunity for kids to understand their condition and take control of their asthma. With 3 camps available this summer, including the launch of 'Carter's Camp', an asthma education camp that travels to rural communities, we're excited to learn, breathe, and thrive together! Learn more at bclung.ca/asthmacamp

"I liked being with other kids who have asthma like me. It made me feel good knowing I wasn't the only one, and I made new friends who understand what it's like."

-Rolly, camper summer 2025



CARTER'S PROJECT

2026 has been off to an impactful start for Carter's Project! This fully subsidized program in honour of 9-year-old Carter Vigh provides air quality monitors and education to communities in need across BC. Already this year, BC Lung has installed outdoor air quality monitors in 70 Mile House, Watch Lake, Pender Island, Oliver, Keremeos, and Okanagan Falls - all areas that previously had no local air quality information. In addition, Carter's Project has facilitated 10 DIY air cleaner workshops and distributed over 100 indoor air quality monitors to students, families, and vulnerable populations. With even more planned for this summer and with ongoing collaboration with fire departments, schools, and local lung health advocates, we continue to move mountains in Carter's memory.

Learn more at bclung.ca/cartersproject



Better Breather's Pickleball

Designed specifically for people living with chronic lung conditions, Better Breathers Pickleball offers a supportive space where participants can learn breathing techniques, improve strength, and build confidence, all while playing pickleball! This twice-monthly, in-person program is funded by BC Lung and facilitated by Poplar Pulmonary Wellness.

Learn more at bclung.ca/pickleball



Smoke-Free Generation Student Video Contest

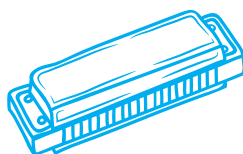
This engaging contest returned for the 2nd year to get students thinking about the myths, marketing tricks, and harms of vaping and smoking. With over 30 submissions from 9 different schools across the province, we were inspired by the creativity, resourcefulness, and dedication of all entries. The winner received a \$1000 scholarship and \$500 toward their school. Watch the videos:

bclung.ca/videocontest



Harmonicas for Health & Happiness

Harmonicas for Health and Happiness is back with participants ready to learn a new tune while improving their breathing! This program is developed by the COPD Foundation, funded by BC Lung Foundation, and brought to you by Poplar Pulmonary Wellness. With 3 programs already completed this year, we're excited for a summer filled with music and breathing confidence. Learn more at bclung.ca/COPD



Community Wood Smoke Reduction Program

To encourage communities to change out wood stoves for cleaner alternatives, BC Lung in collaboration with the Government of BC continues to offer the Community Wood Smoke Reduction Program, which provides funding incentives and educational initiatives. This year, BC Lung and the Ministry of Environment & Parks also launched 'Burning Questions', a wood smoke reduction educational platform, which teaches about wood smoke and how it affects our lungs, the community, and environment, and includes an interactive quiz.

Check it out at

bclung.ca/woodsmokebc



A Wood Smoke Education Platform

Since 2008, the Community Wood Smoke Reduction Program has changed out over 10,000 old woodstoves and has removed approximately 400 tonnes of PM2.5 annually.



Don't forget about BC Lung's donor loyalty program – Breathe Easy! Any donations made to BC Lung are a part of your donation total. Redeem for impactful rewards that connect you to BC Lung's programs and initiatives including:

Level 1: \$100



Matching Gift (\$)

Level 2: \$250



Golf Savings Book

Level 3: \$500



AQ Monitor or
Radon Kit

Level 4: \$1000



2 tickets to
Wonder

All rewards are donated by sponsors and are no cost to BC Lung. Learn more at bclung.ca/breathe-easy



airwaves & airways

Tune into BC Lung's podcast, Airwaves & Airways, to stay intrigued, inspired, and informed about lung health as we work together to breathe easier in BC. Learn more and listen now at bclung.ca/podcast



The Ride for Lung Health

The Ride for Lung Health is back for its 42nd year! Whether you're a seasoned road cyclist or cruising in on a casual ride, every kilometre you log makes a difference. Choose your distance (50km / 100km / 150km), find your pace, and join hundreds of riders united by one purpose: better lung health for all British Columbians. Learn more, register or volunteer at bclungride.ca!